

# EAT SMART WITH THE LUNCH BUNCH



## WEEKS SERVED

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

<b>19 February</b> <b>18 March</b> <b>15 April</b> <b>13 May</b> <b>10 June</b> <b>2 September</b> <b>30 September</b>	Golden Crumbed Fish Fingers - Or - Freshly Baked Ham & Cheese Panini  Baked Beans & Garden Peas Chipped / Baked Potato  Homemade Flakemeal Biscuit	Spaghetti Bolognese - Or - Homemade Margherita Pizza  Sweetcorn / Diced Carrots / Coleslaw Oven Roasted Potato / Wedges / Rice / Salad  Mandarin Orange Sponge & Custard	Chicken Curry & Naan Bread - Or - Baked Pork Sausages & Gravy  Garden Peas / Baton Carrots Boiled Rice / Mashed Potato  Arctic Roll and Peaches	Roast chicken or baked gammon - Or - Quorn Dippers  Fresh Vegetables in Season Mashed / Oven Roast Potato  Homemade Brownie & Orange Wedges	Chicken Goujons & Sweet Chilli Dip - Or - Roast Mediterranean Vegetable Pasta Bake  Spaghetti Hoops / Corn on the Cob Chipped / Baby New Potatoes  Fruit Muffin & Apple / Orange Juice
<b>26 February</b> <b>25 March</b> <b>22 April</b> <b>20 May</b> <b>17 June</b> <b>9 September</b>	Golden Crumbed Fish Fingers - Or - Creamy Chicken & Broccoli Pasta with Garlic Bread  Sweetcorn & Roasted Peppers Chipped / Baked Potato / Coleslaw  Ice-Cream, Pears & Chocolate Sauce	Homemade Cottage Pie - Or - Homemade Margherita Pizza  Spring Greens / Butternut Squash Oven Baked Potato Wedges / Baked Potato  Summer Fruit Cheesecake	Chicken Curry & Naan Bread - Or - Beef Meatballs with Tomato & Basil Sauce  Green Beans / Baton Carrots Steamed Rice / Pasta Spirals  Sticky Date Pudding & Custard	Roast pork or chicken & stuffing - Or - Chicken & Pepper Fajita  Fresh Vegetables in Season Mashed Potato / Oven Roast Potato  Golden Krispie Square	School "Chippy Day" Chicken or Fish Goujons / Sausages - Or - Baked Potato with Tuna & Sweetcorn / Salad Beans / Mushy Peas Chipped / Baby New Potatoes  Frozen Fruit Yoghurt
<b>4 March</b> <b>1 April</b> <b>29 April</b> <b>27 May</b> <b>24 June</b> <b>16 September</b>	Baked Pork Sausages & Gravy - Or - Jerk Chicken & Caribbean Rice with Flatbread  Baked Beans / Garden Peas Chipped / Baked Potato  Ice-Cream & Two Fruits	Chicken Curry & Naan Bread - Or - BBQ Pulled Pork Pizza Wrap  Sweetcorn / Baton Carrots Boiled Rice / Oven Roasted Garlic & Paprika Wedges  Jaffa Cake Pots	Breaded Fish & Lemon Mayo - Or - Beef Lasagne, Garlic Bread & Coleslaw  Garden Peas / Diced Carrots Mashed / Baby Potato  Fruit Sponge & Custard	Roast turkey, stuffing & gravy - Or - Roast Butternut Squash, Penne Pasta and Tomato & Pesto Sauce  Fresh Vegetables in Season Mashed Potato / Oven Roast Potato  Fresh Fruit Salad & Yoghurt	Beef Burger / Bean Burger in Bap with Onions - Or - Salt & Chilli Chicken  Corn on the Cob / Pasta Salad Chipped Potato / Steamed Rice  Lemon Shortbread & Melon Wedge
<b>11 March</b> <b>8 April</b> <b>6 May</b> <b>3 June</b> <b>26 August</b> <b>23 September</b>	Spaghetti Bolognese - Or - Chicken Goujon Wrap with choice of dip  Sweetcorn / Broccoli Pasta Spirals / Mashed Potato  Chocolate & Orange Cookie	Breaded Fish & Lemon Mayo - Or - Homemade Margherita Pizza  Mushy or Garden Peas / Baked Beans Chipped Potato / Baked Potato  Raspberry Jelly & Two Fruits	Chicken Curry & Naan Bread - Or - Chinese-style Beef & Vegetables  Diced Carrots & Green Beans Noodles / Rice  Fruit Sponge & Custard	Roast chicken, stuffing & gravy - Or - Salmon & Creamy Tomato Pasta  Fresh Vegetables in Season Mashed Potato / Oven Roast Potato  Pineapple Delight	Hot Dog / Veggie Dog with Tomato Ketchup - Or - Chicken & Summer Veg Pie  Spaghetti Hoops / Corn on the Cob Chipped / Mashed Potatoes  Ice-Cream & Mandarin Oranges

MILK, WATER, BREAD & FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS OR HAVE SPECIAL DIETARY REQUIREMENTS, PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT AVAILABILITY