

# School Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b> 30/8 27/9 25/10 22/11 20/12	Spaghetti Bolognese & Homemade Garlic Bread Or Breaded Fish Fingers  Baton Carrots Medley of Fresh Vegetables Mashed Potato  Swiss Roll & Custard	Breast of Chicken, Rice, Curry Sauce/ Gravy, Naan Bread Or Chicken & Cheese Melt  Garden Peas *Salad Selection Mashed Potato, Baby Boiled Potatoes Vanilla Ice Cream, Oranges & Chocolate Sauce	Homemade Breaded Chicken Goujons Selection of Dipping Sauces Or Spicy Chicken Fajita with Warm Tortilla wrap Sweetcorn, *Salad Selection Mashed Potato, Hot Pasta Twists, Gravy  Fresh Fruit Selection and Fresh Yoghurt	Roast Pork Or Roast Chicken  Herb Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Mashed Potato  Rice Krispie Square & Custard	Hot Dog Or Ciabatta Pizza Slices  Baked Beans Peas *Tossed Salad Chips, Mashed Potato  Oat Biscuits & Fresh Fruit Chunks
<b>WEEK 2</b> 6/9 4/10 1/11 29/11	Chicken Chow Mein Or Steak Burger  Gravy Broccoli Florets Fresh Baton Carrots Mashed Potato  Chocolate Cake, Pears & Ice Cream	Breast of Chicken Curry with Boiled Rice & Naan Bread Or Homemade Margherita Pizza  Garden Peas, Tossed Salad Baby Potatoes, Pasta Twists  Homemade Shortbread Rounds & Custard	Lasagne Or Fresh Breaded Fish Goujons  with lemon slice, Tartar Sauce Baked Beans, Garden Peas Sweetcorn, *Salad Selection Mashed Potato  Strawberry Jelly & Ice Cream with Fresh Fruit	Roast Breast of Chicken  Herb Stuffing Gravy Cauliflower Cheese Fresh Diced Carrots / Parsnip, Mashed Potato  Vanilla Sponge & Custard	Chicken Nuggets Or Hot Thai flavoured Chicken Wrap  Salsa Dip, Sweetcorn *Salad Selection Chips Baked Potato  Selection of Fruit and Yoghurt
<b>WEEK 3</b> 13/9 11/10 8/11 6/12	Italian Pasta Bolognese Or Breaded Fish Fingers  Baked Beans, Sweetcorn Broccoli Florets Mashed Potato  Chocolate and Orange Egg Sponge & Custard	Mac & Cheese Or Homemade Salt & Chilli or Traditional Chicken Goujons, Selection of dipping sauces Baton Carrots, * Salad Selection Chips, Mashed Potato  Raspberry ripple Ice Cream Tub Fresh Fruit Chunks	Mexican Enchilada Or Oven Baked Sausage Garden Peas Mediterranean Roasted Vegetables, Mashed Potato Baby Boiled Potatoes  Fresh Fruit Selection and Fresh Yoghurt	Roast Turkey  Herb Stuffing Cranberry Sauce, Gravy Fresh Carrot or Parsnip Mashed Potato, Hot Pasta Shells  Cornflake Square & Custard	Traditional Homemade Smooth & Hearty Vegetable Soup Steak Burger in Bap, Or Chicken Sandwich Mashed Potato, Tossed Salad Selection of breads  Strawberry Mousse & Fresh Fruit Salad
<b>WEEK 4</b> 20/9 18/10 15/11 13/12	Breast of Chicken , Rice, Curry Sauce/ Gravy& Naan Bread Garden Peas Fresh Savoy Cabbage Gravy Mashed Potato  Lemon Drizzle Cake & Custard	Chicken Stir Fry & Noodles Or Oven Baked Sausage Baked Beans Sweetcorn Baton Carrots Mashed Potato  Flakemeal Biscuit Fingers, Fruit & Custard	Roast Breast Chicken Or Beef Stew Herb Stuffing Gravy Diced Turnip Fresh Baton Carrots Mashed Potato  Chocolate Brownie & Custard	Spaghetti Bolognese Or Fresh Breaded Fish Fillets Or Salmon fish cake Lemon Slice and Tartar Sauce, Broccoli & Cauliflower Florets Mashed Potato Selection of Fruit and Yoghurt	Homemade Margherita Pizza Or Marinated Chicken Fillets with warm Tortilla Wraps * Salad Selection Sweetcorn Traditional Champ Chips  Ice cream Slider

**Breads**  
Milk, Water  
Fresh Fruit,  
Yoghurt  
Available Daily

\*2 Items from  
Cook's Salad  
Selection  
Rice Salad,  
Coleslaw  
Sweet Chilli Pasta  
Tossed Salad  
Lettuce, Cherry  
Tomato  
Carrot Sticks  
Cucumber Sticks  
Diced Red Peppers  
Red Onion  
Radish

If You Require  
Any Additional  
Information on  
Allergens or  
Special Diets  
Please Contact  
the School to  
complete a  
Special Diets  
Application Form

Rice, Pasta, Potatoes and Gravy can be served Daily



Menu choices subject to deliveries  
Fresh Fish May Contain Bones